

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Tim Hepplestone

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

**TIME** 01:54:37

**PACE** 08:48/km

**OVERALL** 87 of 149

**GENDER** 57 of 79

**50 - 59** 7 of 10

23 June 2019, Sun

Date



BoutTime

Signature